

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Mar 1, 2023 thru Mar 3, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 3/1/2023 11:44:07 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/01/2023																
EL CLASSROOM BREAKFA	Total	4950														
Waffles, Mini Maple 2017	pkg	4950	210	0	170	3.00	0.72	20.0	65	0.0	13	4.0	38.0	6.0	1.00	0.00
Juice, Orange, 4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange, 4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			383	3	316	3.00	1.40	276.1	565	31.51	43	13.23	72.39	6.15	1.09	0.00
% of Calories											45.2%	13.8%	75.5%	14.4%	2.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 03/02/2023																
EL CLASSROOM BREAKFA	Total	100														
UBR - BRKFST CINN ROUND 2 020	1 EACH	100	260	0	190	3.00	2.70	80.0	0	0.0	14	5.0	38.0	10.0	2.50	0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			433	15	341	6.03	2.89	442.6	555	189.65	37	16.08	66.32	12.50	4.00	0.00
% of Calories											34.5%	14.9%	61.3%	26.0%	8.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 03/03/2023																
EL CLASSROOM BREAKFA	Total	100														
Cereal Bar, Trix 2019	Package	100	150	0	100	3.00	1.80	250.0	100	1.2	9	2.0	30.0	3.0	0.50	0.00
Craisins 2020	servings	1	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
Craisins 2020	servings	100	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			460	15	253	6.49	2.13	608.6	605	3.72	63	13.12	96.61	6.34	2.06	*0.00
% of Calories											54.8%	11.4%	84.1%	12.4%	4.0%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Mar 1, 2023 thru Mar 3, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 3/1/2023 11:44:07 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			425	11	304	5.17	2.14	442.4	575	74.96	48	14.14	78.44	8.33	2.38	*0.00
											101.3%	13.3%	73.8%	17.6%	5.0%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	425		350 - 500	100%				
Cholesterol (mg)	11							
Sodium (mg)	304		540					
Fiber (g)	5.17							
Iron (mg)	2.14							
Calcium (mg)	442.4							
Vitamin A (IU)	575							
Sugars (g)	48	45.01%						
Vitamin C (mg)	74.96							
Protein (g)	14.14	13.30%						
Carbohydrate (g)	78.44	73.80%						
Total Fat (g)	8.33	17.63%	<=30.00%					
Saturated Fat (g)	2.38	5.05%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Mar 6, 2023 thru Mar 10, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 3/1/2023 11:44:27 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/06/2023																
EL CLASSROOM BREAKFA	Total	4950														
Cinnis, Mini 2.29oz 2017	pkg	4950	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			413	3	416	2.00	2.12	296.1	575	31.51	45	14.23	73.39	7.15	1.59	0.00
% of Calories											43.8%	13.8%	71.0%	15.6%	3.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 03/07/2023																
EL CLASSROOM BREAKFA	Total	100														
CEREAL,LUCKY CHARMS '23	BOWL	100	218	0	358	3.36	3.02	84.0	420	5.04	18	4.48	46.48	2.24	0.00	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			402	15	512	4.20	3.30	449.5	1018	11.16	48	16.14	78.62	5.06	1.60	*0.00
% of Calories											47.6%	16.1%	78.3%	11.3%	3.6%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 03/08/2023																
EL CLASSROOM BREAKFA	Total	4950														
Pan Dulce, Whole Wheat-2013	1 each	4950	220	10	200	2.00	1.80	0.0	0	0.0	*N/A*	5.0	34.0	7.0	2.50	0.00
Crisps, Apple-Strawberry '22	BAG	225	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4950	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			371	13	336	4.02	2.48	256.1	500	0.15	*25	13.18	63.83	7.15	2.59	0.00
% of Calories											*26.8%	14.2%	68.8%	17.4%	6.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Mar 6, 2023 thru Mar 10, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 3/1/2023 11:44:27 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm. (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/09/2023																
EL CLASSROOM BREAKFAST HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0.0%	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 03/10/2023																
EL CLASSROOM BREAKFAST HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0.0%	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			395	10	421	3.40	2.63	333.9	698	14.27	*39 *89.4%	14.52 14.7%	71.95 72.8%	6.46 14.7%	1.93 4.4%	*0.00 *0.0%
------------------	--	--	-----	----	-----	------	------	-------	-----	-------	---------------	----------------	----------------	---------------	--------------	----------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	395		350 - 500	100%				
Cholesterol (mg)	10							
Sodium (mg)	421		540					
Fiber (g)	3.40							
Iron (mg)	2.63							
Calcium (mg)	333.9							
Vitamin A (IU)	698							
Sugars (g)	39	39.76%			Missing			
Vitamin C (mg)	14.27							
Protein (g)	14.52	14.69%						
Carbohydrate (g)	71.95	72.80%						
Total Fat (g)	6.46	14.70%	<=30.00%					
Saturated Fat (g)	1.93	4.39%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Mar 13, 2023 thru Mar 17, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 3/1/2023 11:44:44 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/13/2023																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 03/14/2023																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 03/15/2023																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 03/16/2023																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 03/17/2023																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Mar 13, 2023 thru Mar 17, 2023

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 2

Generated on: 3/1/2023 11:44:44 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	0		350 - 500	0%		350		Correction Required - Calories are Low
Cholesterol (mg)	0							
Sodium (mg)	0		540					
Fiber (g)	0.00							
Iron (mg)	0.00							
Calcium (mg)	0.0							
Vitamin A (IU)	0							
Sugars (g)	0							
Vitamin C (mg)	0.00							
Protein (g)	0.00							
Carbohydrate (g)	0.00							
Total Fat (g)	0.00		<=30.00%					
Saturated Fat (g)	0.00		<10.00%					
Trans Fat' (g)	0.00							

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

' - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 1

Generated on: 3/1/2023 11:45:09 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Mon - 03/20/2023																
EL CLASSROOM BREAKFA	Total	100														
FRENCH TOAST Mini Berry '22	SERV	100	210	0	190	2.00	1.44	59.9	0	0.0	11	3.99	35.92	6.99	1.00	0.00
Craisins 2020	servings	1	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
Craisins 2020	servings	100	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			519	15	343	5.49	1.77	418.5	505	2.52	65	15.11	102.54	10.32	2.56	*0.00
% of Calories											50.0%	11.6%	79.0%	17.9%	4.4%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 03/21/2023																
EL CLASSROOM BREAKFA	Total	100														
Muffins, Blue-Buena Vista 22	1 ea	100	230	25	240	2.00	1.80	20.0	0	0.0	17	4.0	39.0	7.0	1.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			403	40	391	5.03	1.99	382.6	555	189.65	40	15.08	67.32	9.50	2.50	0.00
% of Calories											40.0%	15.0%	66.9%	21.2%	5.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 03/22/2023																
EL CLASSROOM BREAKFA	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			415	13	347	6.75	4.55	281.3	1568	9.33	42	13.33	79.87	7.50	1.21	*0.00
% of Calories											40.2%	12.9%	77.1%	16.3%	2.6%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 2

Generated on: 3/1/2023 11:45:09 AM

	Portion Size	Relmb Qty	Cals (kcal)	Choist (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/23/2023																
EL CLASSROOM BREAKFA	Total	100														
Bar, Benefit Apple Cinn '22	1 EACH	100	290	15	240	3.00	1.80	20.0	0	0.0	22	5.0	48.0	9.0	3.00	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			473	30	393	3.84	2.08	385.5	598	6.12	51	16.67	80.14	11.82	4.60	*0.00
% of Calories											43.3%	14.1%	67.7%	22.5%	8.7%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 03/24/2023																
EL CLASSROOM BREAKFA	Total	4950														
POP TARTS,Wh.Gr Strawberry-2013	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			533	3	506	6.00	4.28	456.1	1500	31.51	60	13.23	109.39	4.65	2.09	0.00
% of Calories											45.2%	9.9%	82.0%	7.8%	3.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			469	20	396	5.42	2.93	384.8	945	47.83	52	14.68	87.85	8.76	2.59	*0.00
											99.3%	12.5%	75.0%	16.8%	5.0%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Mar 20, 2023 thru Mar 24, 2023

EL CLASSROOM BREAKFAST #1

Generated on: 3/1/2023 11:45:09 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm. (mg) Miss Data	Fiber (g) Shortfall	Iron (mg)	Calcium (mg) Overage	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Calories	469		350 - 500	100%													
Cholesterol (mg)	20																
Sodium (mg)	396		540														
Fiber (g)	5.42																
Iron (mg)	2.93																
Calcium (mg)	384.8																
Vitamin A (IU)	945																
Sugars (g)	52	44.13%															
Vitamin C (mg)	47.83																
Protein (g)	14.68	12.53%															
Carbohydrate (g)	87.85	74.99%															
Total Fat (g)	8.76	16.82%		<=30.00%													
Saturated Fat (g)	2.59	4.98%		<10.00%													
Trans Fat' (g)	0.00	0.00%				Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* denotes combined nutrient totals with either missing or incomplete nutrient data

* Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 1

Generated on: 3/1/2023 11:45:29 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/27/2023																
EL CLASSROOM BREAKFA	Total	4950														
Donut, Super Bakery '22	1 EACH	4950	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Crisps, Apple-Strawberry '22	BAG	225	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4950	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			401	8	386	2.52	6.08	456.1	2500	30.15	40	13.18	58.83	11.15	3.09	0.00
% of Calories											39.7%	13.2%	58.7%	25.0%	6.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 03/28/2023																
EL CLASSROOM BREAKFA	Total	100														
BURRITO,Brkft.Bn&Ch-Wh-Gr-2 017	1 EACH	100	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			360	35	417	4.74	1.04	551.8	766	6.12	29	21.59	50.26	10.12	5.14	*0.00
% of Calories											32.7%	24.0%	55.8%	25.3%	12.8%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 03/29/2023																
EL CLASSROOM BREAKFA	Total	100														
DOUBLE CHOC. BAR- 2017	1 EACH	100	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			443	15	381	8.03	2.89	382.6	660	189.65	44	16.08	76.32	10.50	4.00	0.00
% of Calories											40.0%	14.5%	69.0%	21.3%	8.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 2

Generated on: 3/1/2023 11:45:29 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/30/2023																
EL CLASSROOM BREAKFA	Total	4950														
Sndwich Chx & Sausage 2020	1 serving	4950	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			364	29	449	4.15	2.05	371.3	678	9.33	32	19.03	59.87	6.90	2.81	*0.00
% of Calories											35.7%	20.9%	65.9%	17.1%	6.9%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 03/31/2023																
EL CLASSROOM BREAKFA	Total	4950														
Muffins, Banana-Elements 2017	1 ea	4950	400	75	370	2.00	0.36	0.0	100	0.0	25	5.0	46.0	23.0	3.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			573	78	516	2.00	1.03	256.1	600	31.51	55	14.23	80.39	23.15	3.09	0.00
% of Calories											38.6%	9.9%	56.1%	36.3%	4.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			428	33	430	4.29	2.62	403.6	1041	53.35	40	16.82	65.14	12.37	3.63	*0.00
											84.6%	15.7%	60.8%	26.0%	7.6%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

*- denotes combined nutrient totals with either missing or incomplete nutrient data

¹ Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 3

Generated on: 3/1/2023 11:45:29 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg)	Calc (mg) Overage	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	428		350 - 500	100%													
Cholesterol (mg)	33																
Sodium (mg)	430			540													
Fiber (g)	4.29																
Iron (mg)	2.62																
Calcium (mg)	403.6																
Vitamin A (IU)	1041																
Sugars (g)	40	37.62%															
Vitamin C (mg)	53.35																
Protein (g)	16.82	15.71%															
Carbohydrate (g)	65.14	60.85%															
Total Fat (g)	12.37	25.99%		<=30.00%													
Saturated Fat (g)	3.63	7.62%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing											

N/A denotes a nutrient that is either missing or incomplete for an individual ingredient

*- denotes combined nutrient totals with either missing or incomplete nutrient data

¹ Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.